



biomar
S P A medical

Treatments

MASSAGES

FULL BODY

SPECIAL BODY

BEAUTY TREATMENTS:
NATURA BISSÉ

MANICURES & PEDICURES

MAKE UP

PETIT SPA

DUAL TREATMENTS
BIOMAR DUAL

Choose a massage from the treatments menu + hydro massage + bali bath (with a tray of fruit in season, fresh fruit juice, water or cava)

BIOMAR LUXURY DUAL

Choose a massage from the treatments menu + Hammam + hydro massage + bali bed (with a tray of fruit in season, fresh fruit juice, water or cava)

PROGRAMMES

1. MESSAGES

THERAPEUTIC

Duration: 30 min. / 50 min.

Price: 45€ / 55€

Intensity level: Medium

Product: Almond oil

Treatment aimed at soft tissue manipulation focusing on the most stressed areas.

Effect: De-contracting, analgesic, anti-inflammatory, circulatory, regenerating.

SPORTS MASSAGE

Duration: 30 min. / 45 min.

Price: 35€ / 55€.

Intensity level: High.

Product: Almond oil

Massage focused on preparing the tissue for sports effort, prevention & recovery from injuries. Also to offer post-competition or training overload relief. b.vi. Effect: Circulatory, muscle recovery, injury prevention, well-being and emotional balance.

DEEP TISSUE MASSAGE

Duration: 45 min.

Price: 60€

Intensity: Medium-High

Product: Almond oil

Technique designed to penetrate the deepest structures of the tissue, deepening layer by layer through the connective tissue and muscles to the deepest layers.

Effect: Freedom of movement, de-contracting, circulatory, analgesic, energetic.

SWEDISH MASSAGE

Duration: 30 min. / 60 min. / 90 min.

Price: 45€ / 60€ / 80€

Intensity level: Light-Medium

Product: Almond oil

Classic massage par excellence.

Effect: eliminates tension and firm muscles and joints. Its toning and relaxing effect promotes blood and lymphatic circulation and the elimination of a large number of toxins, and it also helps the body to find its natural balance.

CRYOMASSAGE

Duration: 45 min.

Price: 50€

Intensity level : Light - Medium

Product: Ice & rosemary essential oil

Combination of the massage with the application of localised cold through ice.

This massage is carried out slowly on the muscle mass, parallel to the fibres .

e.vi. Effect: sedative, relaxing, anti-inflammatory, circulatory

AROMATHERAPY.

Duration: 30 min. / 60 min. / 90 min.

Price: 45€ / 65€ / 85€

Intensity level: Light.

Product: Essential oils of your choice

A body massage designed to stimulate the senses, the nervous & lymphatic systems. Smooth movements to achieve a mind experience.

Effect: relaxing, anti-stress, sedation, promotes night rest, improves tissue, with the added effect of the chosen essential oil.

2. FULL BODY

BIO-CACAO

Duration: 100 min.

Price: 100€

Intensity level: Light

Product: cocoa and orange peel, pure cocoa wrap, cocoa face mask & cocoa oil.

Body and facial treatment with gentle and relaxing movements.

Effect: Nutritious, stimulating, regenerating & anti-aging.

Relaxing face massage.

DRAINING WITH GREEN TEA

Duration: 100 min.

Price: 100€.

Intensity level: Light

Product: salt and green tea body peel , green tea wrap ,

green tea facial peeling, mask with collagen veil,

Body & facial massage

Effect: draining, detox, lipolysis & relaxing.

CITRIC-VITAL

Duration: 100 min.

Price: 100€

Intensity level: Light

Product: Peeling, mask & citrus oils.

Body and facial treatment with deep movements.

Effect: stimulating & energetic

3. SPECIALLY FOR THE BODY

AYURVEDA

Duration: 90 min

Price: 120€

Intensity: Light -Medium

Product: Hindu scented oils
Hindu massage with gentle pressure on lymphatic,
energetic and harmonizing points.
Effect: draining, relaxing.

ZEN

Duration: 60 min.

Price: 70€.

Intensity level: Medium.

Product: oriental oil or ylang-ylang.
Massage with finger pressure & facial/ skull shiatsu,
working the back & backs of legs.
Effect: neuro-sedative and balancing.

CHOCOLATE THERAPY

Duration: 40 min.

Price: 47€

Intensity level: Light

Product: Hot chocolate.
Body massage with hot chocolate
Effect: anti-aging, detox, relaxing.

GEOHERMAL

Duration: 40 min.

Price: 60€

Intensity level: Light-Medium

Product: Essential oil
Massage with hot stones
Effect: anti-stress, relaxation, sedative and anti-inflammatory.

LYMPHATIC DRAINAGE

Duration: 50 min.

Price: 65€.

Intensity level: Light

Massage with pumping movements to stimulate the lymphatic system.
Effect: detox, relaxing, circulatory and anti-inflammatory.

WATER HARMONY THERAPY

Duration: 30 min.

Price: 45€.

Intensity level: Light

Product: Water.

Deep relaxation technique using pressure, in a special pool,
with aqua music therapy.

Effect: circulatory, relaxing, sedative, anti-stress

4. BIOMAR BELLEZA

NATURA BISSÉ FACIALS

'LA CURA' DEEP FACIAL HYGIENE

Duration: 90 min.

Price: 75€

Facial treatment focused on giving the skin freshness & cleanliness.

Effect: detox, relaxing and purifying.

OXYGENATING

Duration: 60 min.

Price: 65€

A Facial treatment that offers freshness, regeneration & air to the skin

b.iv. Effect: luminosity, purifying & whitening.

VITAL C+C

Duration: 60 min.

Price: 80€

A Facial treatment with vitamin C to purify, depigment & refine the skin.

Firming, with a revitalizing & stimulating effect

AQUA-IMMERSION

Duration: 60 min.

Price: 60€

Immerse your skin in a sea of hydration.

Perfect as a treatment after exposure to the sun.

Provides hydration and nutrition.

3D – COLLAGEN-SHOCK

Duration: 60 min.

Price: 90€

Anti-aging treatment, rich in collagen.

Effect: firming & renewing.

5. BIOMAR BELLEZA HANDS & FEET

HAND CARE

Duration: 40 min.

Price: 25€

Nail grooming, hydration & polishing

FOOT CARE

Duration: 60 min.

Price: 35€

Nail grooming, hydration & polishing

HAND CARE + SEMI PERMANENT NAIL POLISH

Duration: 70 min.

Price: 45€

Nail grooming, hydration & polishing (semi-permanent)

FOOT CARE + SEMI PERMANENT NAIL POLISH

Duration: 90 min.

Price: 55€

Nail grooming, hydration & polishing (semi-permanent)

HAND RITUAL

Duration: 70 min.

Price: 50€

Fixing, peeling, hydration with warm paraffin, nail polishing.

FOOT RITUAL

Duration: 80 min.

Price : 60€

Fixing, peeling, hydration with warm paraffin, nail polishing.

SEMI PERMANENT POLISHING

(hands or feet)

Duration: 30 min.

Price: 30€

HAND & FOOT POLISHING

Duration: 30 min.

Price: 20€

6. BIOMAR BEAUTY MAKE-UP FOR THE BRIDE

(INCLUDING TRIAL)

Price: 60€

PROGRAMMES

- 1 DAY PROG. HARMONY FOR TWO
- 1 DAY PROG. WELL BEING & RELAX
- 1 DAY PROG. SWEET TEMPTATION



INFORMATION & BOOKINGS AT THE HOTEL OR BIOMAR SPA RECEPTION.

TO USE THE SPA, CLIENTS MUST BE OVER 16 YEARS OLD.

BOOKINGS. To make a booking for the Spa, credit card details are required and 50% of the value of the treatment or service will be charged to it.

BOOKING CANCELLATIONS. All cancellations must be made at least 24 hours prior to the treatment day. Cancellations made on the same day of the treatment or service will forfeit the 50% advance payment.

GENERAL RECOMMENDATIONS. If you suffer from any type of illness or physical problem, you must inform reception staff, especially in case of hypertension and vascular problems. Also, please let us know if you are pregnant. Please note that if you arrive late for a treatment, its duration may be reduced, therefore we recommend that you arrive 10 minutes early. We don't recommend arriving for a treatment with a full stomach or under the effects of alcohol. We also advise you to avoid long exposure to the sun just prior to enjoying treatment. For the hydrothermal circuit you must wear swimwear and a swimcap. The centre cannot be held responsible for any losses or thefts so please avoid taking items of value with you. Please relax and enjoy the facilities, but be respectful of other users by speaking in a low tone of voice.

SUGGESTIONS: Please do not hesitate to inform our staff of any complaint or suggestion you may have since this helps us to make improvements. Price may vary, depending on the season, without prior notice.

OPENING TIME:

from 10 to 13h - 16 to 21h everyday. (appointment)

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